



Music composers Katy Tsai and Tina Marsden.

## DREAM ALBUM FOR PAIR

**Kate Crawford**

PROMOTING your album as “music to fall asleep to” may sound strange, but that’s just what Tina Marsden and Katy Tsai claim.

The pair met while teaching music at Monte Sant’ Angelo in North Sydney, and they now combine their talents to create music for yoga and meditation.

They have released their latest album *Journey to the Summit*, which is described as five tracks of restful music. They will launch the album and incorporate the music into a live meditation

session at Kirribilli this Sunday. “It’s music to fall asleep to, to wind down with after a busy day or to calm excited children. A friend has even given birth to this soundtrack,” said Marsden, who plays the flute.

Tsai, a pianist, said the music “created space for dreams” while also appealing to fans of classical arrangements.

The meditation event will be held at the Kirribilli Neighbourhood Centre on Sunday, June 15, at 4pm. Bookings are essential. Email [lyndainsydney@bigpond.com](mailto:lyndainsydney@bigpond.com).