

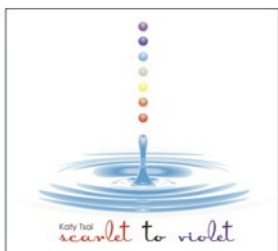
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Pure relaxation

Katy Tsai created this solo piano album to help induce deep relaxation and to balance the body. Each of the seven body chakras are said to resonate with a specific colour, element, and certain note of the musical scale, making it the perfect soundtrack for meditation. Each song is on iTunes for \$2.99, or the independent music store cdbaby (www.cdbaby.com)

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